The World Health Organization (WHO) defines health in the preamble to its constitution as a "state of complete physical, mental, and social well-being and not merely the absence of disease and infirmity." The other answers are incorrect because they are not emphasized by self-actualization, which includes self-realization, and the desire to fulfill one's potential. The other answers are incorrect because they are not how the patient's need for self-actualization, which includes self-actualization, is defined by Maslow's hierarchy of basic needs does the patient's need for self-fulfillment fit?

A. Pre-natal care
B. Safety and security
C. Love and belonging
D. Self-actualization

Correct Feedback
Organized self-care education programs emphasize health promotion, disease prevention, management of illness, self-care, and aesthetic needs. The other answers are incorrect because self-fulfillment does not fit on any of them.

Incorrect Feedback
Maslow's highest level of human needs is self-actualization, which includes self-fulfillment, desire to know and understand, and aesthetic needs. The other answers are incorrect because self-fulfillment does not fit on any of them.

Question 4

Question
The home health nurse is assisting a patient and his family in planning the patient's return to work after an extensive illness. On which level of Maslow's hierarchy of basic needs does the patient's need for self-fulfillment fit?

A. Physiologic
B. Safety and security
C. Love and belonging
D. Self-actualization

Correct Feedback
Maslow's highest level of human needs is self-actualization, which includes self-fulfillment, desire to know and understand, and aesthetic needs. The other answers are incorrect because self-fulfillment does not fit on any of them.

Incorrect Feedback
Maslow's highest level of human needs is self-actualization, which includes self-fulfillment, desire to know and understand, and aesthetic needs. The other answers are incorrect because self-fulfillment does not fit on any of them.
Question 5
Multiple Choice 1 points
Question The view that health and illness are not static states but lie on a continuum is not just a nursing concept; it runs throughout the professional health care system. What does this view aid the nurse in understanding?
Answer A. That care should focus on the treatment of disease
✓ B. That a person's state of health is ever changing
C. That a person does not have varying degrees of illness
D. That care should focus on the patient's response to medications
Correct
Feedback By viewing health and illness on a continuum, it is possible to consider a person as being neither completely healthy nor completely ill. Instead, a person's state of health is ever-changing and has the potential to range from high-level wellness to extremely poor health and imminent death. The other answers are incorrect because patient care should not focus just on the treatment of disease, people do have varying degrees of illness, and care should not focus on the response to medications but on the patient's response to all aspects of nursing care.
Incorrect
Feedback By viewing health and illness on a continuum, it is possible to consider a person as being neither completely healthy nor completely ill. Instead, a person's state of health is ever-changing and has the potential to range from high-level wellness to extremely poor health and imminent death. The other answers are incorrect because patient care should not focus just on the treatment of disease, people do have varying degrees of illness, and care should not focus on the response to medications but on the patient's response to all aspects of nursing care.

Question 6
Multiple Choice 1 points
Question What does the nurse, working in a community health clinic, teach about disease prevention?
Answer A. That it is best achieved through attending self-help groups
B. That it is best achieved by taking yearly physicals
✓ C. That it is best achieved by being an active participant in the community
D. That it is best achieved by exhibiting behaviors that promote health
Correct
Feedback Today, increasing emphasis is placed on health, health promotion, wellness, and self-care. Health is seen as resulting from a lifestyle oriented toward wellness. The other answers are incorrect because nurses in community health clinics do not teach that disease prevention is best achieved through attending self-help groups, or by taking yearly physicals or by being an active participant in the community.
Incorrect
Feedback Today, increasing emphasis is placed on health, health promotion, wellness, and self-care. Health is seen as resulting from a lifestyle oriented toward wellness. The other answers are incorrect because nurses in community health clinics do not teach that disease prevention is best achieved through attending self-help groups, or by taking yearly physicals or by being an active participant in the community.

Question 7
Multiple Choice 1 points
Question A nurse on a medical-surgical unit has asked to represent her unit on the hospital's Continuous Quality Improvement (CQI) committee. In researching CQI programs, what has the nurse found?
Answer A. CQI programs focus on the process used to provide care.
✓ B. CQI programs identify incidents rather than processes.
C. CQI programs focus on providing accountability on the part of health care professionals.
D. CQI programs focus on reducing hospital costs.
Correct
Feedback Unlike QA, which focuses on individual incidents or errors and minimal expectations, CQI focuses on the processes used to provide care, with the aim of improving quality by assessing and improving those processes that most affect patient care outcomes and patient satisfaction. The other answers are incorrect because CQI programs do not focus on the accountability of the health care professionals, they do not identify incidents rather than processes, and they do not justify health care costs.
Incorrect
Feedback Unlike QA, which focuses on individual incidents or errors and minimal expectations, CQI focuses on the processes used to provide care, with the aim of improving quality by assessing and improving those processes that most affect patient care outcomes and patient satisfaction. The other answers are incorrect because CQI programs do not focus on the accountability of the health care professionals, they do not identify incidents rather than processes, and they do not justify health care costs.

Question 8
Multiple Choice 1 points
Question Because of managed health care there have been many significant changes in the health care delivery system. What is one major effect managed health care has had on the patient population?
Answer A. Patients are in the hospital for a longer period of time.
D. Patient use of ambulatory care has decreased.
✓ C. Patients with high home-care needs are being discharged into the community.
B. Patients are locked into prenegotiated payment rates that have remained unchanged.
Correct
Feedback Managed care has contributed to a dramatic reduction in inpatient hospital days, continuing expansion of ambulatory care, fierce competition, and marketing strategies that appeal to consumers as well as to insurers and regulators. It has also resulted in patients returning to the community with more health care needs, many of which are complex. The other answers are incorrect because patients are not in the hospital for longer periods of time; patients are not locked into payment rates that have remained unchanged; and patient use of ambulatory care has not decreased, it has increased.
Incorrect
Feedback Managed care has contributed to a dramatic reduction in inpatient hospital days, continuing expansion of ambulatory care, fierce competition, and marketing strategies that appeal to consumers as well as to insurers and regulators. It has also resulted in patients returning to the community with more health care needs, many of which are complex. The other answers are incorrect because patients are not in the hospital for longer periods of time; patients are not locked into payment rates that have remained unchanged; and patient use of ambulatory care has not decreased, it has increased.

Question 9
Multiple Choice 1 points
Question You are the nurse admitting a patient to your unit. What is your most important nursing function at this time?
Answer ✓ A. Identifying the immediate needs of the patient
B. Checking the admitting physician's orders
C. Obtaining a baseline set of vital signs
D. Allowing the family to be with the patient
Correct
Feedback Among the nurse's important functions in health care delivery, identifying the patient's immediate needs and working in concert with the patient to address them is most important. The other nursing functions are important, but they are not the most important.
Incorrect
Feedback Among the nurse's important functions in health care delivery, identifying the patient's immediate needs and working in concert with the patient to address them is most important. The other nursing functions are important, but they are not the most important.
What would be an example of a collaborative practice model?

Nursing continues to recognize and participate in collaboration with other health care disciplines to meet the complex needs of patients. Staff nurses in an ICU setting have noticed that their patients required fewer interventions for pain when the ICU was quiet. Many institutions use clinical pathways to direct patient care for certain diagnosis-related groups (DRGs). When a nurse gives care based on a clinical pathway, she knows that to achieve the desired outcomes specific care must be given within what?

The pathways indicate key events, such as diagnostic tests, treatments, activities, medications, consultation, and education, that must occur within specified times for patients to achieve the desired and timely outcomes. The other answers are incorrect because care is not given within the auspices of the units nurse manager, and a clinical pathway is not modified from one unit to another, nor is it modified by the nurse initiating the pathway. The pathways indicate key events, such as diagnostic tests, treatments, activities, medications, consultation, and education, that must occur within specified times for patients to achieve the desired and timely outcomes. The other answers are incorrect because care is not given within the auspices of the units nurse manager, and a clinical pathway is not modified from one unit to another, nor is it modified by the nurse initiating the pathway.

The primary task of nursing research is to contribute to the scientific base of nursing practice. Studies are needed to determine the effectiveness of nursing interventions and nursing care. The science of nursing grows through research, leading to the generation of scientifically based rationale for nursing practice and patient care. The other answers are incorrect because they are not the primary purpose of nursing research. The primary task of nursing research is to contribute to the scientific base of nursing practice. Studies are needed to determine the effectiveness of nursing interventions and nursing care. The science of nursing grows through research, leading to the generation of scientifically based rationale for nursing practice and patient care. The other answers are incorrect because they are not the primary purpose of nursing research.
As nurses, it is our responsibility to comply with the code of ethics set forth by the ANA and the International Council of Nurses (ICN). Nurses have a responsibility to carry out their role as described in the Social Policy Statement to comply with the nurse practice act of the state in which they practice and to comply with the Code of Ethics for Nurses as spelled out by the ANA (2001) and the International Council of Nurses (International Council of Nurses [ICN], 2006). The other answers are incorrect because they are not of primary importance when caring for a dying patient.

A hospice nurse is caring for a patient dying of lung cancer. According to Maslow's hierarchy of needs, what dimension of care should the nurse consider primary in importance when caring for a dying patient?

Answer
A. Spiritual  
B. Social  
C. Physiologic  
D. Emotional

Correct Feedback
Maslow ranked human needs as follows: physiologic needs; safety and security; sense of belonging and affection; esteem and selfrespect; and self-actualization, which includes self-fulfillment, desire to know and understand, and aesthetic needs. Such a hierarchy of needs is a useful framework that can be applied to the various nursing models for assessment of a patient’s strengths, limitations, and need for nursing interventions. The other answers are incorrect because they are not of primary importance when caring for a dying patient.

In Maslow's hierarchy of needs, pain relief addresses the patient's basic physiologic need. Activity, such as ambulation, is a higher level need above the physiologic need. Allowing the patient to see his family addresses a higher level need related to love and belonging. Teaching the patient is also a higher level need related to the desire to know and understand and is not appropriate at this time, as the basic physiologic need of pain control must be addressed before the patient can address these higher level needs.

In Maslow's hierarchy of needs, pain relief addresses the patient's basic physiologic need. Activity, such as ambulation, is a higher level need above the physiologic need. Allowing the patient to see his family addresses a higher level need related to love and belonging. Teaching the patient is also a higher level need related to the desire to know and understand and is not appropriate at this time, as the basic physiologic need of pain control must be addressed before the patient can address these higher level needs.

As nurses, it is our responsibility to comply with the code of ethics set forth by the ANA and the International Council of Nurses (ICN). We also have a responsibility to carry out our role as described in the Code of Ethics for Nursing is not included in the practice act or the ANA's white paper; and the code of ethics was not written by the NLN.

Nurses have a responsibility to carry out their role as described in the Social Policy Statement to comply with the nurse practice act of the state in which they practice and to comply with the Code of Ethics for Nurses as spelled out by the ANA (2001) and the International Council of Nurses (International Council of Nurses [ICN], 2006). The other answers are incorrect; the Code of Ethics for nurses is not included in the practice act or the ANA's white paper; and the code of ethics was not written by the NLN.

Professional nursing is adapting to meet changing health needs and expectations. The role of the nurse has expanded to improve the distribution of health care services and to decrease the cost of health care. The other answers are incorrect because needing to improve diagnostic services for the patient, driving institutional excellence, and needing to decrease the number of medical mistakes are not factors that have impacted the need for an expanded nursing role.

Professional nursing is adapting to meet changing health needs and expectations. The role of the nurse has expanded to improve the distribution of health care services and to decrease the cost of health care. The other answers are incorrect because needing to improve diagnostic services for the patient, driving institutional excellence, and needing to decrease the number of medical mistakes are not factors that have impacted the need for an expanded nursing role.
The American Nurses Association has identified several phenomena as the focus for nursing care and research: self-care processes; physiologic and pathophysiologic processes such as rest, sleep, respiration, circulation, reproduction, activity, nutrition, elimination, skin, sexuality, and communication; comfort, pain, and discomfort; and decision-making and ability to make choices. The other answers are incorrect because they are not phenomena identified by the ANA.
The role of the nurse practitioner (NP) has become a dominant role for nurses in all levels of health care. How do NPs help patients? (Mark all that apply.)
Answer
- A. Educating patients and family members
- B. Coordinating care with other disciplines
- C. Direct intervention
- D. Collaborating with other disciplines
- E. Indirect intervention

Correct Feedback
This role is a dominant one for nurses in primary, secondary, and tertiary health care settings and in home care and community nursing. Nurses help patients meet their needs by using direct intervention, by teaching patients and family members to perform care, and by coordinating and collaborating with other disciplines to provide needed services. The other answers are incorrect because NPs collaborate with other disciplines, not just nursing, while providing care, and they directly intervene, not indirectly.

Incorrect Feedback
This role is a dominant one for nurses in primary, secondary, and tertiary health care settings and in home care and community nursing. Nurses help patients meet their needs by using direct intervention, by teaching patients and family members to perform care, and by coordinating and collaborating with other disciplines to provide needed services. The other answers are incorrect because NPs collaborate with other disciplines, not just nursing, while providing care, and they directly intervene, not indirectly.

Question 25
Multiple Choice

Question Leadership is inherent to nursing. Every nurse executes leadership when she assumes responsibility for the actions of others involved in determining and achieving patient care goals. What is a component of leadership?

A. Selecting
B. Dividing
C. Relating
D. Contemplating

Correct Feedback
Nursing leadership involves four components: decision making, relating, influencing, and facilitating. Selecting, dividing, and contemplating are not components of nursing leadership.

Incorrect Feedback
Nursing leadership involves four components: decision making, relating, influencing, and facilitating. Selecting, dividing, and contemplating are not components of nursing leadership.

Question 26
Multiple Choice

Question The word leadership has a connotation of a position that brings with it a title that suggests leading large groups of people. What has nursing identified leadership as?

A. Limited to those with advanced degrees
B. Exemplified by nurses who supervise unlicensed assistive personnel (UAPs)
C. Encompassed in the role of an advanced practice nurse
D. Inherent to all nursing positions

Correct Feedback
Because of the constant fluctuation of health care delivery and consumer demands, a broader definition of nursing leadership is required: one that identifies the leadership role as inherent within all nursing positions. The other answers are incorrect because they are not what nursing has identified as leadership.

Incorrect Feedback
Because of the constant fluctuation of health care delivery and consumer demands, a broader definition of nursing leadership is required: one that identifies the leadership role as inherent within all nursing positions. The other answers are incorrect because they are not what nursing has identified as leadership.

Question 27
Multiple Choice

Question Our world is connected by a sophisticated communication system that makes health information virtually instantly accessible, no matter where the patient is being treated. This instant access to health information has impacted health care delivery strategies, including the delivery of nursing care. What is one way the delivery of health care has been impacted by this phenomenon?

A. Brisk changes as well as swift obsolescence
B. Rapid change that is lasting a long time
C. Easier to give care in a variety of settings
D. Must be more socially acceptable

Correct Feedback
The sophisticated communication systems that connect most parts of the world, with the capability of rapid storage, retrieval, and dissemination of information, have stimulated brisk change as well as swift obsolescence in health care delivery strategies. The other answers are incorrect because although we have rapid change in the delivery of nursing care, it does not last a long time; it is evolving as health care itself evolves. Giving nursing care has not gotten easier; it gets more complex with every change; and it does not need to be more socially acceptable; it needs to be more culturally sensitive.

Incorrect Feedback
The sophisticated communication systems that connect most parts of the world, with the capability of rapid storage, retrieval, and dissemination of information, have stimulated brisk change as well as swift obsolescence in health care delivery strategies. The other answers are incorrect because although we have rapid change in the delivery of nursing care, it does not last a long time; it is evolving as health care itself evolves. Giving nursing care has not gotten easier; it gets more complex with every change; and it does not need to be more socially acceptable; it needs to be more culturally sensitive.

Question 28
Multiple Choice

Question With the changing population of health care consumers, it has become necessary for nurses to work more closely with other nurses, ie, acute care nurses collaborating with public health and home health nurses. What nursing function has increased in importance because of this?

A. Giving medication
B. Discharge planning C. Family involvement D. Collegial relationships

Correct Feedback
The importance of effective discharge planning and quality improvement cannot be overstated. The other answers are incorrect because giving medication and family involvement in the patient’s care have not grown in importance. Making and maintaining collegial relationships has become a necessity in working in the health care delivery system. Effective discharge planning aids in getting patients out of the inpatient setting sooner, cutting costs, and making rehabilitation in the community and home setting possible. The importance of effective discharge planning and quality improvement cannot be overstated. The other answers are incorrect because giving medication and family involvement in the patient’s care have not grown in importance. Making and maintaining collegial relationships has become a necessity in working in the health care delivery system. Effective discharge planning aids in getting patients out of the inpatient setting sooner, cutting costs, and making rehabilitation in the community and home setting possible.

Incorrect Feedback
The importance of effective discharge planning and quality improvement cannot be overstated. The other answers are incorrect because giving medication and family involvement in the patient’s care have not grown in importance. Making and maintaining collegial relationships has become a necessity in working in the health care delivery system. Effective discharge planning aids in getting patients out of the inpatient setting sooner, cutting costs, and making rehabilitation in the community and home setting possible.

Question 29
Multiple Choice

Question Determining and achieving patient care goals. What is a component of leadership?

A. Attributed to leaders
B. Defined by leaders
C. Required: one that identifies the leadership role as inherent withing all roles of a nurse
D. Inherent to all nursing positions

Correct Feedback
Because of the constant fluctuation of health care delivery and consumer demands, a broader definition of nursing leadership is required: one that identifies the leadership role as inherent within all roles of a nurse. The other answers are incorrect because they are not what nursing has identified as leadership.

Incorrect Feedback
Because of the constant fluctuation of health care delivery and consumer demands, a broader definition of nursing leadership is required: one that identifies the leadership role as inherent within all roles of a nurse. The other answers are incorrect because they are not what nursing has identified as leadership.
Question 30

Multiple Choice 1 points

Question: The expanded roles of nursing are apparent in all practice venues. What is the central idea of community-oriented nursing practice?

Answer:
A. Advanced knowledge and skills in general nursing practice
B. An emphasis on acute medical-surgical nursing
C. Advanced knowledge and skills in rehabilitation
D. An emphasis on community-oriented nursing

Correct Feedback:
The central idea of community-oriented nursing practice is that nursing intervention can promote wellness, reduce the spread of illness, and improve the health status of groups of citizens or the community at large. The other answers are incorrect because even though they are correct, they are not the central idea of community-oriented nursing practice.

Incorrect Feedback:
The central idea of community-oriented nursing practice is that nursing intervention can promote wellness, reduce the spread of illness, and improve the health status of groups of citizens or the community at large. The other answers are incorrect because even though they are correct, they are not the central idea of community-oriented nursing practice.

Question 31

Multiple Answer 1 points

Question: Home care nursing is a specialty area. What does it require? (Mark all that apply.)

Answer:
A. Advanced knowledge and skills in general nursing practice
B. An emphasis on acute medical-surgical nursing
C. Advanced knowledge and skills in rehabilitation
D. An emphasis on community-oriented nursing

Correct Feedback:
Home care nursing is a specialty area that requires advanced knowledge and skills in general nursing practice, with emphasis on community health and acute medical-surgical nursing. Home care nursing does not require advanced knowledge and skills in rehabilitation or an emphasis on community-oriented nursing.

Incorrect Feedback:
Home care nursing is a specialty area that requires advanced knowledge and skills in general nursing practice, with emphasis on community health and acute medical-surgical nursing. Home care nursing does not require advanced knowledge and skills in rehabilitation or an emphasis on community-oriented nursing.

Question 32

Multiple Choice 1 points

Question: Nursing roles have expanded in many ways. What is one reason this has occurred?

Answer:
A. To decrease the cost of health care
B. To increase the distribution of health care services
C. To increase the number of nursing jobs available
D. To decrease the nursing shortage

Correct Feedback:
The role of the nurse has expanded to improve the distribution of health care services and to decrease the cost of health care. The other answers are incorrect because the expansion of roles in nursing did not occur to increase the distribution of health care services or to increase the number of nursing jobs available in health care. In addition, it does not decrease the nursing shortage.

Incorrect Feedback:
The role of the nurse has expanded to improve the distribution of health care services and to decrease the cost of health care. The other answers are incorrect because the expansion of roles in nursing did not occur to increase the distribution of health care services or to increase the number of nursing jobs available in health care. In addition, it does not decrease the nursing shortage.

Question 33

Multiple Choice 1 points

Question: Advanced specialized education in the area of medical-surgical nursing includes the titles of nurse practitioner, clinical nurse specialist, and/or advanced practice nurse. What sets these nurses apart from the staff nurse?

Answer:
A. Collaboration with other health care providers
B. Providing direct care through independent practice
C. Advanced documentation skills
D. Ability to give care in the operating room

Correct Feedback:
In medical-surgical nursing, the most significant titles associated with an advanced specialized education include nurse practitioner (NP) and clinical nurse specialist (CNS), and the more recent title of advanced practice nurse (APN), which encompasses both NPs and CNs. Certified nurse-midwives (CNMs) and certified registered nurse anesthetists (CRNAs) are also identified as APNs. Nurses who function in these roles provide direct care to patients through independent practice, practice within a health care agency, or collaboration with a physician. Answer A is wrong because staff nurses collaborate with other health care providers to provide nursing care to their patients. Answer C is incorrect because advanced documentation skills is not what sets the advanced practice nurses apart from the staff nurse. Answer D is incorrect because staff nurses have the ability to provide care in the operating room.

Incorrect Feedback:
In medical-surgical nursing, the most significant titles associated with an advanced specialized education include nurse practitioner (NP) and clinical nurse specialist (CNS), and the more recent title of advanced practice nurse (APN), which encompasses both NPs and CNs. Certified nurse-midwives (CNMs) and certified registered nurse anesthetists (CRNAs) are also identified as APNs. Nurses who function in these roles provide direct care to patients through independent practice, practice within a health care agency, or collaboration with a physician. Answer A is wrong because staff nurses collaborate with other health care providers to provide nursing care to their patients. Answer C is incorrect because advanced documentation skills is not what sets the advanced practice nurses apart from the staff nurse. Answer D is incorrect because staff nurses have the ability to provide care in the operating room.

Question 34

Multiple Choice 1 points

Question: What is the best explanation for the way evidence-based practice (EBP) has changed the way nursing care is delivered?

Answer:
A. Nurses now spend time looking up the best way to give nursing care.
B. Nurses now have to take part in research.
C. Nursing care now uses EBP as a means of ensuring quality care.
D. Nursing care now incorporates research studies into patient care.

Correct Feedback:
The facilitation of EBP involves identifying and evaluating current literature and research, as well as incorporating the findings into patient care as a means of ensuring quality care. The other answers are incorrect because they are things that nursing has been doing even before EBP became a major force in the delivery of nursing care.

Incorrect Feedback:
The facilitation of EBP involves identifying and evaluating current literature and research, as well as incorporating the findings into patient care as a means of ensuring quality care. The other answers are incorrect because they are things that nursing has been doing even before EBP became a major force in the delivery of nursing care.
Nurse practitioners are trained as specialists in areas such as family care, pediatrics, or geriatrics. What do most states give them the right to do?

A. Treat patients without physician oversight
B. Admit patients to a hospital
C. Write prescriptions
D. Perform surgery independently

In most states, nurse practitioners have prescriptive authority and may receive direct Medicare reimbursement. Most states do not allow nurse practitioners to treat patients without physician oversight, nurse practitioners admit patients to the hospital under the care of a physician, nurse practitioners do not perform surgery independently.

Most clinical nurse specialists (CNSs) practice in the hospital setting. What role are they ideal for?

A. Nurse managers
B. Collaborating specialists
C. Wound care specialists
D. Case managers

CNSs are ideal case managers because they have the educational background and the clinical expertise to organize and coordinate services and resources to meet the patient's health care needs in a cost-effective and efficient manner. CNSs are not ideally suited to be nurse managers, as they are not trained in the administration of health care. There is no such title as collaborating specialist, and CNSs are not trained as wound-care specialists.

With the advent of advanced practice nursing roles, nurses have been given the authority to diagnose (nursing) and treat, as well as prescribe. What has this caused professional nursing organizations to do?

A. Define the practice of nursing more clearly
B. Lobby for more independence in nursing
C. Lobby for smaller nurse-to-patient ratios
D. Define the different nursing specialties more clearly

With advanced practice roles has come a continuing effort by professional nursing organizations to more clearly define the practice of nursing. The other answers are correct in that nursing organizations have done all these. However, they have not done them because of the advent of advanced practice nursing roles.